

Mahon Family Medicine

Dr. Priya Arcot-Joshi

Information for routine physical appointments for MEDICARE insurance:

Annual exam benefits have changed. An annual exam is a comprehensive preventative exam with your primary care provider for the **sole purpose** of preventative care. An annual exam **does not** include discussion of new problems or detailed review of chronic conditions. Annual exams may also be called routine check-ups, yearly exams, an annual pap, or preventive visit.

What is performed during an annual exam:

- Consult with provider regarding your plan of care, which consists of blood pressure check, weight, BMI, depression screening, alcohol screening, health history screenings and physical exam.
- Annual cholesterol screening for anyone between age 40-75 years old **NOT** already diagnosed with high cholesterol.
- Annual diabetes screening for anyone between age 40-70 years old **NOT** already diagnosed with diabetes AND meets the high-risk assessments, such as having high blood pressure or being overweight.
- ONE Hepatitis C screening for anyone born between 1945-1965.

What is performed during a women's wellness exam (PAP):

- ONE cervical cancer screening (PAP smear) every 3 years for women ages 21-65 OR every 5 years for women ages 30-65 combined with HPV testing.
- Annual chlamydia and gonorrhea screenings for sexually active women ages 24 and younger OR sexually active women 25 years and older who meet high-risk assessment.
- Annual Hepatitis B, HIV, and Syphilis screening for sexually active persons IF said person meets the high-risk assessment.

Please contact your insurance if you have questions about your policy and/or what is covered for your annual exam. If you choose to have any additional procedures performed during this visit, including additional bloodwork, they will be subject to normal diagnostic benefits versus routine benefits.

_____ I want to have my diagnostic bloodwork and visit performed with my annual exam. I do **(Initial)** understand these requested procedures will be separate from my annual exam and will be subject to my plan benefit, such as a copay or deductible.

I have read and understand the above information for my visit today. I understand anything not covered by my insurance will become my responsibility as the patient receiving the services.

I have confirmed with my insurance company that I am eligible for an annual exam on _____.
(fill in date)

Patient Name (Print)

Date of Birth

Patient / Guarantor Signature

Date

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Information for routine physical appointments for COMMERCIAL insurance:

Annual exam benefits have changed. An annual exam is a comprehensive preventative exam with your primary care provider for the **sole purpose** of preventative care. An annual exam **does not** include discussion of new problems or detailed review of chronic conditions. Annual exams may also be called routine check-ups, yearly exams, an annual pap, or preventive visit.

What is performed during an annual exam:

- Consult with provider regarding your plan of care, which consists of blood pressure check, weight, BMI, depression screening, alcohol screening, health history screenings and physical exam.
- Annual general health screening bloodwork for anyone over age 18 **NOT** already diagnosed with high cholesterol, thyroid, and/or anemia deficiencies. For pediatric wellness exams, ONE cholesterol screening between age 9-11 and ONE between age 17-21.
- Annual diabetes screening for anyone between age 40-70 years old **NOT** already diagnosed with diabetes AND meets the high-risk assessments, such as having high blood pressure or being overweight.
- ONE Hepatitis C screening for anyone born between 1945-1965.

What is performed during a women's wellness exam (PAP):

- ONE cervical cancer screening (PAP smear) every 3 years for women ages 21-65 OR every 5 years for women ages 30-65 combined with HPV testing.
- Annual chlamydia and gonorrhea screenings for sexually active women ages 24 and younger OR sexually active women 25 years and older who meet high-risk assessment.
- Annual Hepatitis B, HIV, and Syphilis screening for sexually active persons IF said person meets the high-risk assessment.
- Please contact your insurance if you have questions about your policy and/or what is covered for your annual exam. If you choose to have any additional procedures performed during this visit, including additional bloodwork, they will be subject to normal diagnostic benefits versus routine benefits.

_____ I want to have my diagnostic bloodwork and visit performed with my annual exam. I do **(Initial)** understand these requested procedures will be separate from my annual exam and will be subject to my plan benefit, such as a copay or deductible.

I have read and understand the above information for my visit today. I understand anything not covered by my insurance will become my responsibility as the patient receiving the services.

I have confirmed with my insurance company that I am eligible for a wellness exam on _____.
(fill in date)

Patient Name (Print)

Date of Birth

Patient / Guarantor Signature

Date